



FEDERATION OF  
PORTUGUESE  
CANADIAN  
BUSINESS &  
PROFESSIONALS inc.

Federação de Empresários e Profissionais Luso-Canadianos

THE ONTARIO  
TRILLIUM  
FOUNDATION



LA FONDATION  
TRILLIUM  
DE L'ONTARIO

**2<sup>ND</sup> ANNUAL  
ESSAY CONTEST**

**“ WHAT MY PORTUGUESE  
HERITAGE MEANS TO ME ”**

**“ PARA MIM, SER PORTUGUÊS É... ”**

**Deadline for submissions:  
May 15, 2005@6:00 P.M.**

Please include your:

- name,
- age,
- address,
- phone number,
- school, and
- grade

on a cover page for each submission

**Please note that all submissions  
become property of the FPCBP upon  
their receipt.**

**Winners will be contacted  
by June 5<sup>th</sup>, 2005**



**1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, 4<sup>th</sup>, 5<sup>th</sup>, 6<sup>th</sup> prizes in these categories :**

- Portuguese JUNIOR (grades 8 to 10)
- Portuguese SENIOR (grades 11 and 12)
- English JUNIOR (grades 8 to 10)
- English SENIOR (grades 11 and 12)

As part of its commitment to the Trillium-funded, Portuguese History and Heritage Project, the Federation of Portuguese Canadian Business & Professionals is pleased to announce the running of its **2<sup>nd</sup> Annual Essay Contest**.

The contest will run from **March 1, 2005 to May 15, 2005** and is open to **all Ontario students of Luso-Canadian descent in grades 8 to 12**. Entries must be based on the topic **“What my Portuguese heritage means to me”/“Para mim, ser Português é...”**, and must be double-spaced, typed and between 300-500 words (1-2 pages) in length. Please email entries to [essay@portugueseheritage.ca](mailto:essay@portugueseheritage.ca) or mail/hand-deliver them to the FPCBP office. Students may enter one essay in each language but can only win one prize.

Winning entries from this and last year’s contest will be published during the summer of 2005. Please do not hesitate to contact us if you have any questions.



**PORTUGUESE HISTORY  
AND HERITAGE PROJECT**

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